**AUTUMN BREAK HOLIDAYS HOMEWORK Science VIII**

1. It is necessary to take balanced diet by an adolescent and proper cleanliness. Collect the views from the family members and society / internet regarding diet and sanitation.

2. Collect the information about proper protein intake of adolescent in your locality. You can ask your friends and relatives about the amount of daily protein intake.

3. Find out from your elder relatives about their awareness of the legal status of early marriage. You yourself may get information on it from your teacher, parents, a doctor or the internet. Write a two minute speech explaining why early marriage is not good for the couple.

4. Collect newspaper cuttings and information in magazines about HIV/AIDS. Write a one page article of 15 to 20 sentences on HIV/AIDS.

5. In our country, according to 2011 census, there are 940 adolescent females for every 1000 males. Find out.

(a) The concerns of the community regarding this low ratio.

Remember that the chance of having a boy or a girl is equal.

(b) What amniocentesis is and how useful this technique is. Why

is its use for identification of sex of the unborn child banned in India?

**6. (Myths, Taboos, Do’s and Don’ts**) there are many wrong notions which you should now be able to discard as informed adolescents. For example, there are myths and taboos regarding bodily changes that adolescents experience. Make a list of these MYTHS .